

Category	Position	Men's Winners	Club	Time	Overall Position		Women's Winners	Club	Time	Overall Position
Senior	1	James Espie	Deeside	25:31	1		Ishbel Strathdee	N/A	30:57	14
	2	Robert Sparks	Edinburgh Uni Hare and Hounds	26:26	2		Lucy Jacques	HBT	33:28	23
	3	Fearghas Thomson	Granite City Harriers	26:46	3		Sarah Crawford	HBT	34:42	35
V40	1	Dave Ward	HBT	28:36	5		Micah Daigeaun	N/A	33:55	28
	2	Huw Jones	HBT	30:14	12		Gina McAllister	Penicuik Harriers	36:24	49
	3	Chris Walsh	HBT	31:03	15		Vicki White	HBT	36:37	50
V50	1	Hayden Lorimer	HBT	33:03	22		n/a	n/a	n/a	n/a
	2	Rob Wilson	Penicuik Harriers	33:36	25		n/a	n/a	n/a	n/a
	3	Ivor Normand	HBT	35:28	37		n/a	n/a	n/a	n/a
V60+	1	Steve Rudland	HBT	41:24	68		Shelagh King	Gala Harriers	54:38	103
	2	Ron Fraser	Dundee Road Runners	47:26	90		n/a	n/a	n/a	n/a
	3	Ian Morton	Musselburgh	51:17	99		n/a	n/a	n/a	n/a
Junior (18-20)	1	Tom Farrell	N/A	38:39	55		n/a	n/a	n/a	n/a
Youngsters (16-17)	1	Max Doherty	Olympic Harriers	27:44	4		Hannah Scott	Musselburgh	41:16	67